**QUANTOCK MEDICAL CENTRE PATIENT PARTICIPATION GROUP**

# MINUTES OF MEETING HELD AT NETHER STOWEY LIBRARY

# Wednesday 8th May 2019

## PRESENT

Diane Faris (Chair), Helen Stacey (Practice Manager), Kate Lyness, Bruce Roper, Maggie Harlow, John Friend, Sally Friend, Sue Sidery, Jo Forest, Ian Faris (Minutes)

**APOLOGIES**

Elizabeth Woolcock, Kate Hope, Terry Binding

## MINUTES OF PREVIOUS MEETING (September 2018)

Read and agreed.

## CO-ORDINATING THE ‘DEATH CAFÉ’

The initial discussion revolved around the title but it was agreed that, whatever it ended being called, it would require three sessions.

Helen will approach Roger Stacey and/or Norma Frood re. availability of the library in the afternoons. The group discussed inviting solicitors and undertakers: Helen will speak to Sarah Grandfield. Helen will also speak to Lorraine, our own counsellor and Jo will speak to a solicitor. Ian will also speak to Ian Pearson when he returns from USA.

The first café will be held in September, date t.b.a..

## SUB-GROUP FEEDBACKS

## Health Walks

Ian volunteered to take up the slack when Kate leaves and will be given appropriate training.

1-boot walks have been dropped.

## Singing Groups

Going well: good variety in singing books.

## Gardening group

Lots planted but still only 3 or 4 regular attendees. We need to spread the word by mouth etc. to try to increase the numbers. Helen will write to the school to research opportunities for school visits, either regular or ad hoc.

Money is available for manure but John questioned whether this was the best use of resources as manure can procured for nothing. Bruce suggested contacting the farmer at New Stowey Farm re. compost, which would be fresh, rich and cheap.

Di offered the group a box-seat for storage/rest.

Helen and Sally will co-ordinate to organise the transfer of wood for raised beds.

John thanked Bruce for his support.

## Arts and Crafts

This group is also struggling with numbers – only three regulars.Enmore are, apparently, hosting a similar group on the same day. Helen suggested hosting an exhibition at the surgery of some of the group’s efforts and July was agreed for this. Helen will contact Norma re. use of the library on a Tuesday PM.

## UPDATE FROM QUANTOCK MEDICAL CENTRE

The group wished Kate well for the future. Sarah from the library will be joining the Centre.

Dr.Klein will be on holiday throughout June: the regular locums will cover.

Practices are being offered £1.76pp to work more closely with each other. Central government will provide 70% of the funding for a Pharmacist to share across all the practices (our share would be very small). The model is based on city solutions. We will try to keep everything local as much as possible and only join with others if it would be to our patients advantage.

There’s an NHS app now available. A visit to the surgery will provide the wherewithal to unlock all sorts of personal data to one’s ‘phone.

‘Forget-Me-Not’ café (for people with dementia etc.) is available in Stogursey: details in the surgery.

## ANY OTHER BUSINESS

John raised the issue of the proposals for a new housing development on the site of the old cheese factory in Nether Stowey. Bruce gave a detailed report on the proposals and their relationship to the Neighbourhood Plan.

## NEXT MEETING

The next regular meeting will be Wednesday 11th September in the library.

Additional meetings (e.g. singing group, art group, walking group, gardening group) as required.